



TAEKWONDO CURRICULUM

FORM/POOMSE SIPJIN

Requirement

Required For 4th Degree Black Belt

Interpretation / Explanation

The word "Sipjin" was derived from the thought of "10" longevity which advocates there are ten creatures of long life, namely sun, moon, mountain, water, stone, pine tree, herb of eternal youth, tortoise, deer and crane.

There are two heavenly bodies, three natural resources, two plants, and three animals; all giving human beings faith, hope, and love.

The poomsae Sipjin symbolizes those things.