



TAEKWONDO CURRICULUM

FORM/POOMSE PYONG-WON

Requirement

Required For 3rd Degree Black Belt

Interpretation / Explanation

"Pyong-Won" means "a plain which is vast stretched-out land". It is the source of life for all creatures and the field where human beings live their life.

The poomsae Pyong-Won was based on the idea of peace and struggle resulting from the principles of origin and use.